

## U4/U6 COACHING GUIDELINES

### **1. Games**

- a. First 20 minutes of each game is practice time. Please respect that for those teams that only practice during that time.
- b. First game of the day is responsible for setting up goals (1:00 for U6, 1:30 for U4). The U6 goals are in the black canvas bags and have poles and nets. The U4 goals are the flat pop-up goals.
- c. Last game of the day is responsible for tearing down goals and returning them to the shed.

### **2. Rain-Outs**

- a. In the event a game is rained out, make-up games will be played as follows:
- b. The games will be played at 5:30 on the same field your game was to be played.
- c. If you are the first game of the day, your game will be on Tuesday night, of that same week.
- d. If you are the second game of the day, your game will be on Wednesday night.
- e. If you are the final game of the day, your game will be on Thursday night.

### **3. Practices**

- a. In addition to the first 20 minutes of game time, U6 teams may practice on Mills Road fields on Wednesday evenings only.
- b. You are not to be on ISC fields at any other time.
- c. There is no additional practice for U4 teams.

### **4. Other Responsibilities**

- a. You are responsible for yourself, your assistants, your players and their parents.
- b. Be on time for all games and practices. If you know you are going to be late or unable to appear, make other arrangements.
- c. Put together a snack list for your team.
- d. If you see work that needs to be (painting field lines, putting equipment away, etc.) do it.
- e. You will be responsible for working a short time slot for our tournament. More information about this will be given during the season.